

## Crèche Charges

£4.00 per hour | £3.00 per ½ hour  
2 Children 1hour £7.00 | 2 Children ½ hour £5.00

Maximum stay 3 hours. Maximum age 12 years old.  
Pre booking is required, which can be made up to 14 days in advance. Regular user cards are available  
(20x 1/2 hr sessions= £36.00).

There is a charge for cancellations made on the same day.

## Birthday Parties & Kids Club

For a fun action packed Birthday Party including food why not give us a thought?  
Themes include Wet 'N' Wild, a Traditional party and Sporty Fun.

For more details, contact the Creche - [stmellion-leisure@crowne-golf.co.uk](mailto:stmellion-leisure@crowne-golf.co.uk)

Our Crèche team hold regular activity days and provide exciting fun days during the school holidays.



project  
**YOLO**

## JULY

# SWIMMING POOL ACTIVITIES



## Junior Members & Guests

All children aged 15 and under must be accompanied by an adult (18+) at all times.  
Members and Guests under 18yrs old can access the pool area from 8am - 8pm only

Juniors aged 14 and under are not permitted to use the sauna, steam room or spa pool.

## Junior Gym Programme

Upon completion of a gym induction Juniors between 12-15yrs old will be able to use:  
Cardiovascular Machines for £2.00.

Junior Gym admittance is between 1pm - 5pm weekdays / 8am - 8pm at weekends.

To book an induction please contact Health Club Reception: 01579 352 003  
or speak to a member of gym staff today.

## Spa Offer of the Month

**Pick & Mix - Select two treatments - £50.00 !!\***

(\*Treatments to choose from : Back Massage, Mini Manicure or Pedicure & Lime & Ginger Salt Glow)

**BOOK NOW: 01579 352026**

Offer is subject to availability and cannot be used in conjunction with any other offers or discount.  
Offer of the month valid from 1st - 31st March 2017

### HEALTH CLUB OPENING TIME

Monday-Friday  
06.30-22.00

Saturday & Sunday  
08.00-21.00

### CRÈCHE OPENING TIME

Monday-Friday  
09.00-15.00

(Wednesday 09.00-12.30)

Saturday  
09.30-13.00

### SPA OPENING TIME

Monday-Saturday  
09.00-20.00

Sunday  
09.00-17.00

**Bring a guest for FREE: Friday 14th July 2017**



**MONDAY**

10.00-10.45  
20.00-Close

**Aqua Aerobics (Half Main Pool)**  
**Jacuzzi closed**

**TUESDAY**

11.00-11.45  
12.30-15.30

**Aqua Aerobics (Half Main Pool)**  
**Waterbabies \***

**WEDNESDAY**

11.00-11.45  
13.00-15.00  
20.00-Close

**Aqua Aerobics (Half Main Pool)**  
**School Swim Gala - Wed 12th July ONLY\*\***  
**Jacuzzi closed**

**THURSDAY**

11.00-11.45  
12.30-15.30

**Aqua Aerobics (Half Main Pool)**  
**Waterbabies \***

**FRIDAY**

09.00-10.00  
11.00-11.45  
13.15-14.15  
20.00-Close

**Tadpoles \***  
**Aqua Aerobics (Half Main Pool)**  
**School Swim \*\* (St Mellion)**  
**Jacuzzi closed**

**SATURDAY**

14.30-15.30  
17.00-18.00

**Birthday Party \***  
**Wet and Wild \*\*\***

**SUNDAY**

10.00-11.00  
13.30-14.30

**Wet and Wild \*\*\***  
**Wet and Wild \*\*\***

**Key:** \* Half leisure pool being used  
\*\* Whole main pool being used  
\*\*\* Whole leisure pool being used

**SWIMMING LESSONS**

**Monday with Neil**

11.00-18.30 Individual M or L pool  
18.30-19.00 Improver 2 Main pool

**Tuesday with Neil**

11.00-19.00 Individual M or L pool  
16.00-16.30 Beginners Leisure pool  
16.30-17.00 Beginners Leisure pool  
17.00-17.30 Improver 1 Main pool  
17.30-18.00 Improver 1 Main pool  
18.00-18.30 Improver 2 Main pool  
18.30-19.00 Individual Main pool  
19.00-19.30 Improver 3 Main pool

**Wednesday with Neil**

10.30-18.00 Individual M or L pool  
18.00-18.30 Improver 2 Main pool  
18.30-19.00 Improver 3 Main pool

**Thursday with Neil**

14.00-19.00 Individual M or L pool  
17.30-18.00 Improver 1 Main pool  
18.00-18.30 Improver 2 Main pool  
18.30-19.00 Improver 2 Main pool  
19.00-19.30 Improver 3 Main pool

**Friday with Neil**

14.00-19.00 Individual M or L pool

**Sunday with Neil**

09.00-17.45 Individual M or L pool

**Admission Policy**

- One adult (18 yrs +) must be in the water with a maximum of two children aged 0-7 yrs. (More children are allowed if 8 yrs +)
- One adult (18yrs +) must be in the pool hall to supervise children 8-11 yrs
- One adult (18yrs +) must be present in the clubhouse & contactable for children aged 12-15 yrs using the pool hall
- One adult (18yrs +) must be within the gym rooms supervising their children between the ages of 12-15yrs \*
- All 16 & 17 yr olds can use the pool & gym halls unsupervised between 8am & 8pm
- Only 18 yrs + can use the club before 8am and after 8pm.
- Children 14 yrs and under are not permitted to use the Spa pool, Sauna and Steam Room.