

MAIN POOL TIMETABLE

TERM-TIME

	06:30-09:00	09:00-11:00	11:00-13:00	13:00-14:15	14:15-19:00	SWIM LESSONS (1 LANE)	19:00-21:00
Monday	Adult Only	General Swim	Aqua 11.30-12.15	School Swim	General Swim	17:00-19:00	Adult Only
Tuesday	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	16:00-16:30 17:30-19:00	Adult Only
Wednesday	Adult Only	General Swim	Aqua 11-11:45	School Swim	General Swim	16:00-16:30 17:00-19:00	Adult Only
Thursday	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	17:00-19:00	Adult Only
Friday	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim		Adult Only
Saturday	Closed	General Swim	General Swim	General Swim	General Swim		Closed
Sunday	Closed	General Swim	General Swim	General Swim	General Swim		Closed

Aqua will use half of the pool (**shallow end**). The remainder of the pool will be open for members/guests

Adult Only: 16 years and over

School Swim: Whole Main Pool closed to public for duration of session.

This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

LEISURE POOL TIMETABLE

TERM-TIME

	06:30-09:00	09:00-12:00	12:00-15:00	15:00-19:00	19:00-21:00
Monday	Adult Only	General Swim	General Swim	General Swim	Adult Only
Tuesday	Adult Only	General Swim	Waterbabies 12:00-15:00	General Swim	Adult Only
Wednesday	Adult Only	Tadpoles 09:30-10:30	General Swim	General Swim	Adult Only
Thursday	Adult Only	General Swim	Waterbabies 12:30-15:00	General Swim	Adult Only
Friday	Adult Only	General Swim	General Swim	General Swim	Adult Only
Saturday	Closed	General Swim	General Swim	General Swim	Closed
Sunday	Closed	General Swim	General Swim	General Swim	Closed

Adult Only: 16 years and over

Tadpoles & Waterbabies – Half leisure pool in use for duration of session

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