



St. Mellion Health Club Roadmap from the 19th July 2021

Important information

The Gym: Opening and closing hours will remain the same: Weekdays 6:30am to 21:00pm and weekends 09:00am to 18:30pm. However, you will **no longer need to book a slot and can turn up at any part of the day** for your workout, although last entry is 30 minutes before closing.

Swimming Pools: Opening and closing hours will remain the same: Weekdays 6:30am to 21:00pm and weekends 09:00am to 18:30pm. However, you will **no longer need to book a slot but please be aware we will be keeping the 30-minute clean downs throughout the day** as we see it as a necessity to keep members safe at the club. A breakdown of these exact swim times can be seen further down on this document.

Arrival

- You will be manually logged in
- Your details will be checked – name/address/email/mobile/telephone

Gym

Only a few things to remember:

- You will be issued with a locker token if needed upon arrival
- You will need to follow any signage or directional markings on the floor
- Once a piece of equipment has been used you must completely clean it off with the sanitiser and wipes provided

Main & Leisure Pool

- You will be issued with a locker token upon arrival
- You will have two hours to change, swim and change back into your outerwear
- We will be going back to 3 lanes in the main pool
- A whistle will be blown 15 minutes before the allotted time is up then 5 minutes later for the swimmers to vacate the pool